



CONFERENCE CROSS COUNTRY MEET

Saturday, October 16th, 2021

Hosted by: Mount Gilead High School

Meet Location: Mount Gilead High School, 338 Park Avenue, Mount Gilead, Ohio 43338

Time Schedule:

10:00am: Middle School Girls

10:30am: Middle School Boys

11:00am: High School Girls

11:45am: High School Boys

12:30pm: Awards

Registration: Please register your teams at baumspage.com. Your team needs to be registered by **Thursday, October 14, 2021 at 5:59pm**. All races are unlimited entries for each team. This will allow all athletes to compete in one last race before the OHSAA championship season! There are no JV/Open Races.

Race Director:

Lauren Huelsman

lhuelsman@mgschools.org

419-560-0219

Course Maps:

[High School Course Map](#)

[Middle School Course Map](#)

Race Description:

This is a very spectator friendly course that has multiple loops around or near the football stadium. Athletes will run mostly on grass with a short 300m finish on the track in the stadium. The course features rolling

hills and nice stretches of flat racing as well. Athletes will loop around the baseball fields twice before heading out to the small hayfield loop. After the small hayfield, athletes run through the “tree tunnel” and head out to the large hayfield loop. Athletes will pass in front of the crowd again before entering the small hayfield a second time. After completing a small loop around the softball field, athletes will head towards the stadium where they will finish on the track.

Awards:

Awards will be presented at the high school stadium at 12:30pm.

Middle School

- + TEAM- Team Champion Plaque
- + INDIVIDUAL- Winner gets a medal, 1st team KMAC (1-10 place) earn certificates at the meet.

High School

- + TEAM- Team Champion Plaque
- + INDIVIDUAL- 1st team KMAC (1-10 place) earn a certificate and medal at the meet. Winner of each race is named Runner of the Year. 2nd team KMAC (11-20 place) will receive certificates at a later date.

Spectator Admission:

Spectator admission will be at the gate to the stadium.

\$7 adults

\$5 students (K-12)

KMAC Passes will be accepted

Spectator Information:

Spectators ARE NOT permitted near the start line, on the pathway between the stadium, and the hayfields.

Spectators ARE permitted on the track and are encouraged to line the tape leading up to the finish line to encourage athletes. No spectators at team camp areas.

Spectator Parking:

There will be parking available for spectators at Mount Gilead High School, Park Avenue Elementary School, Mount Gilead Board of Education and the Mount Gilead Church of Christ. There is no charge to park. Please have buses park near the old pool at the Board of Education office.

Bus Drop Off:

Please have buses drop your teams off at the stadium gates. Packet pick-up will be at the stadium gates at bus drop off. After drop off, please have buses park at the Cherry Street Board of Education parking lot. Please call your bus driver to come pick your team(s) up at the conclusion of awards. If your driver would like to come over to the meet, please ask them to go to the pass gate for free admission.



Team Camps:

There will be designated areas for team camps. Those areas will be the baseball outfield, the softball outfield and the high school courtyard. There will be no team camps permitted on the practice football field, the t-ball field behind our ag shop, or within the football stadium.

Packet Pick-Up:

Packet pick-up will be at the stadium gates at bus drop off. Box number assignments will be on your packet.

Athletic Trainers:

There will be an athletic trainer located at the finish line of the race.

Spike Length:

Due to finishing on the track, we ask that athletes please limit their spike length to ¼ inch.

T-Shirts and Concessions:

T-Shirts will be available to purchase inside the stadium for \$15. Cash only. Concessions will also be available by the Mount Gilead Athletic Boosters inside the stadium.

Chip Timing:

This race will be scored and timed via chips. Your race packets will contain your athlete's chips. Please make sure that your rosters are updated when you finalize your submissions. FAB Timing will be our timing company for the day.

Results:

Results can be found on Baumspage and [FAB Timing](#)

Inclement Weather:

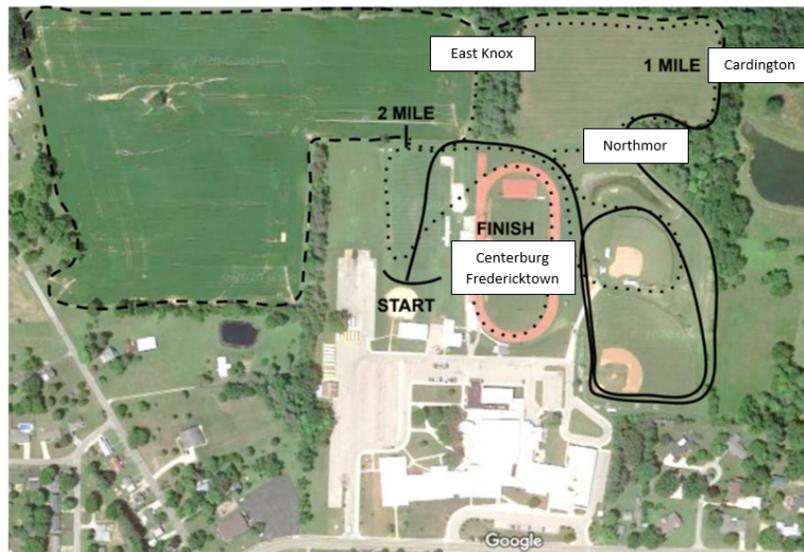
In the event of inclement weather, please call your bus driver and have all athletes move to school buses. If inclement weather during the race, the race will be suspended. Our lead gator will indicate a suspended race by heading back towards the stadium/weight room. Coaches should meet in the weight room (white

building at the front entrance of the stadium) to meet and find out more information. Please keep phones handy, as text communication can be used throughout the day in the event of a weather delay.

Volunteers from your School

New to 2021: Like in past years at the conference track & field meet, we are asking that each school provide **two** volunteers per race (this can be different for MS and HS or the same individuals) to help our meet run smoothly and efficiently. Please have your volunteer names and contact information emailed to me lhuelsman@mgschools.org by Thursday, October 14th so we can put them on the pass list at the gate. Please ask your volunteers to check-in at the packet pick-up table for their job descriptions.

SCHOOL	RESPONSIBILITY
CARDINGTON	<i>Reading 1 mile split times for HS and MS races</i>
CENTERBURG	<i>Finish line water table</i>
EAST KNOX	<i>Pointing on the course near the tree tunnel</i>
FREDERICKTOWN	<i>Finish line chute - keeping runners in order</i>
MOUNT GILEAD	<i>All other responsibilities not filled by other schools</i>
NORTHMOR	<i>Pointing on the course near the dam</i>



Do not hesitate to reach out with any questions. We are excited to host you and your teams on October 16th!

Lauren Huelsman

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419-560-0219